

## DEPARTMENT OF HUMANITIES AND SCIENCES MALLA REDDY COLLEGE OF ENGINEERING AND TECHNOLOGY

## **GUEST LECTURE BY DR. V.VISWANATHAM**

The Guest lecture was organized for the first year B.Tech students by MRCET on 6<sup>th</sup> August 2016 in the seminar hall at 1.30 PM. The lecture was coordinated by Principal Dr. V.S.K. Reddy, Head of the Department of Humanities and Sciences, Dr. V. Madhusudhana Reddy, faculty and the students of first year B.Tech. The programme was hosted by Assoc.Prof. Mrs. Caroline Jacob. The lecture was an interactive session between the speaker and the students. Students actively participated in the session.

## Resource person: DR. V.VISWANATHAM

Profile: Dr. V.Viswanatham is a Retd. Prof. of Osmania University, a motivational speaker who delivers lectures on personality development. He is a renowned trainer and is associated with various colleges for training the trainers as well as student fraternity. His lectures consist of the topics of positive attitude, time management, stress management and related topics of personality development. His lectures are practical and interactive oriented.

## Objective: To inspire professional attitude in the students.

The lecture he delivered was focused on instilling professional attitude. The main focus was on how one should couple both professionalism and ethical values to be a successful engineer. He also highlighted on the sustenance of the enthusiasm till the end of the fourth year to reach their personal goals. He guided the students to be powerful till they achieve their goals.

He focused on how one can be a stone, sculptor, and a beautiful statue. He said four years in the college decides the future for next fifty years. Commitment, determination and self- discipline were the focal words of action for achievement. He also focused on the how words, actions, thoughts, character, head and heart are interrelated for the successful minds.

He opined that time management and stress management makes a big difference in life. Yoga, music, exercises, reading and other co curricular activities help the mind to be fresh and active. They are the tools to handle stress and time. He concluded his speech in the lighter vein by singing few songs to stress on the music that should be preferred for tackling stress and other negative aspects that hamper the success.

The students were interactive and the positive drive was there in the student community. The programme concluded with students applauding the suggestions given by him. The students came forward to clarify their doubts and left the hall with charged minds, all set to pursue their career with vigor and energy.

COORDINATOR HOD PRINCIPAL



